

Parents' Guide to the 7 Habits

In our school we are creating a culture of leadership built around the 7 habits listed below. These habits embody important life principles such as responsibility, respect, setting goals, teamwork, and balance. We talk about the habits daily as they are integrated into everything we do! Please familiarize yourself with them and use them in your conversations at home.

Habit 1 – Be Proactive - Stop, think, and make a good choice. Take responsibility for your own actions.

Habit 2 – Begin With the End in Mind – Set a goal and make a plan on how you're going to meet that goal.

Habit 3 – Put First Things First – Do the important things first. Do your work before you play.

Habit 4 – Think Win-Win – Make a decision that will make everyone happy! Have an attitude that I can win, and so can you.

Habit 5 – Seek First to Understand, Then to Be Understood – Listen with your eyes, and heart not just your ears. Listen to the other person's point of view before sharing your own.

Habit 6 – Synergize - Work together as a team. Each person has an important role to play.

Habit 7 Sharpen the Saw – Take care of yourself. Make it a priority to renew and strengthen your mind, body, heart, and soul on a regular basis.

If you would like to learn more about the 7 habits, read Sean Covey's [The 7 Habits of Happy Kids](#).